

Inclusive Holiday Gift Guide 2024

The holidays are right around the corner and shopping is in full gear. This year to make sure that everyone on your list gets the perfect present, we have developed an inclusive gifting guide based off of what works best for medically fragile children and children with disabilities. Before you purchase anything off of this list, here are a few tips to make sure that your gift is practically perfect in every way!

- **Consult Caregivers:** They know the child's specific preferences and needs best.
- **Look for Adjustable Features:** Toys with volume controls, adjustable height, or multiple modes.
- **Prioritize Safety:** Ensure gifts are made from non-toxic, durable materials and are age-appropriate.
- **Include the Child's Interests:** Consider their favorite characters, colors, or themes.

For Sensory Stimulation

1. **Weighted Blankets or Lap Pads:** Provide calming sensory input for children with sensory processing challenges or anxiety. Weighted blankets are ideal for relaxation, while critters like caterpillars or butterflies can sit on laps or shoulders for soothing pressure during appointments.
 - [Luna Weighted Blankets](#)
 - [Weighted Stuffed Animals](#)
2. **Sensory Play Kits:** Items like kinetic sand, slime, or water beads that engage tactile senses.
 - [Present Not Perfect Sensory Kits](#)
 - [Meemzy Magic Sensory Kits](#)
3. **Noise-Canceling Headphones:** Help children with sound sensitivity enjoy quieter environments.
 - [Bose Quiet Comfort Headphones](#)
 - [Curvd Earplugs](#)
4. **Fidget Jewelry:** Stylish and functional items designed for kids who need oral sensory input.
 - [Pura Vida Fidget Ring](#)
 - [Chewable Jewelry](#)

For Fine Motor Skills Development

1. **Fidget Toys:** Spinners, cubes, or pop-it toys to help with focus and fine motor control.
 - [NEEDOH Squishies](#)
 - [Snoop Slimes](#)
 - [Peachiebbies Slime](#)
2. **Building Blocks with Large Pieces:** Such as LEGO DUPLO or magnetic tiles that are easy to grasp.
 - [Lego Duplo](#)
3. **Button and Zipper Practice Kits:** Toys or kits that help kids practice every day fine motor skills.
 - [Toddler Busy Board](#)
 - [Preschool Learning Boards](#)
4. **Drawing Boards or Etch-A-Sketch:** Great for improving hand-eye coordination and creativity.
 - [EtchaSketch](#)
 - [Sketch Pals Boogie Boards](#)

For Gross Motor Skills Development

1. **Obstacle Course Kits:** Foam stepping stones, balance beams, and tunnels that promote coordination.
 - [National Geographic Balance Stones](#)
 - [Soft Balance Beam](#)
2. **Crash Pads or Mini Trampolines with Handles:** For safe indoor jumping and energy release.
 - [Foldable Trampoline](#)
 - [Crash Pad](#)
3. **Adapted Sports Equipment:** Like lightweight basketballs, bowling sets, or velcro catching mitts.

- [SKLZ Lightweight Basketball](#)
- [Champion Sports Floor Scooter](#)

For Sensory-Friendly Entertainment

1. **Adaptive Video Game Controllers and Computing Devices:** For kids who enjoy gaming but need custom inputs.
 - [Adaptive Xbox Controller](#)
 - [Adaptive Computer Devices](#)
2. **Projectors with Soothing Visuals:** Ocean waves, starry skies, or calming nature scenes.
 - [Brown Noise Machine](#)
 - [Yoga Sleep Sound Machine](#)
 - [Ocean Wave Projector](#)

For Accessibility and Independence

1. **Easy-Grip Utensils or Adaptive Tools:** Items that promote independence during meals or crafts.
 - [Easy Grip Utensils](#)
 - [Foam Pencil Grips](#)
 - [Light Weight Stroller](#)
 - [Silicone Hand Grip Aid](#)
2. **Velcro or Magnetic Clothing:** Stylish options that are easier for kids to manage themselves.
 - [Slick Chick Accessible Clothing](#)
 - [Duluth Trading Co Magnetic Shirts](#)
 - [Nike Flyease Shoes](#)
 - [No Limbits Clothing](#)